

Example: What Are All the Different Groups You Belong To?

Name: Jamie Smith

Date: September 6, 2022

Bold indicates still doing activity or in contact with this person

Group Name	Since/Years	Activities	Core People/Group Connections
Family	1963 - Present	Holiday gatherings, birthdays, family reunions, , aging care, celebrations, funerals	Husband Bob, sons Andy and Pat, daughters, Andrea and Sarah, sisters Susan, Carol, and Rebecca, brothers Sam and Paul, aunts and uncles, in-laws, cousins, nephews, nieces, family reunions, holidays
Childhood/High School Friends	1968 - 1981	breakfast and lunch meetings, funerals	Sherrie, Roger, Sofia, Laurie, Tom, Bridget, Helen
St John's Church Friends	1963 - 1981	worship service, Sunday School, Youth Programs	Amy, Leslie, Patty , Rev. Paul, Rev. Sarah, confirmation, Vacation Bible School
Univeristy of CO Friends	1981- 1985	phone calls, scholarships, alumni gatherings	Dorm roommate Jen, boyfriend Bob , Vickie, Donna , Raj, Dr. Hays, Professor Alice , Band Teacher Professor Lynn, Professor Sara
University of CO - Ski Club Friends	1981 - Present	Ski trips, parties, summer volleyball and golf	Bob, Cathy, Craig, John, Jay, Peggy, Penny , Joyce, Laurie , Dave
University of CO Alumni Work Related Friends	1985 - Present	lunch gatherings, phone call	Peggy, Sue, Laurie , John, Mary, Tom
Work Friends	1985 - Present	lunch gatherings, phone call, social media	Mary, Greg, Mike, Andy, Camila, Adam, John E, Kersten, Michelle
Neighbors	1985 - Present	Gathering, conversations, Nat'l Night Out	Brad, Sue, Bonnie, Sofia, Carlos, Carol, Dave, Kris, Daniel, Joe, Annie, Ali, Sara, Gretchen, Gina, Bob, Jim, Fay
Church - Denver	1985 - 2001	Bible study, teach Sunday School, retreats/small groups	Pastor Sarah, Fay and Tom- Youth Ministers, Elijah, Emma, Ava
Previous Job Gang	1986 - Present	Family gatherings, camping, kayaking, skiing	John, Carol, Sue, Randy, Dan, Julie, Roberto, Silvia, Walt , Scott, Bonnie, Shelly
Our Close Friends	1985 - Present	walks, gatherings, phone call	Cheryl, Susan, Dan, Julie, Pat, Ron, Kathy, Bob ,
Boy Scouts/Girl Scouts	1998 - 2021	Meetings, activities, camps	Joyce, Laurie, Phil, Laurel , Tom, Joe
Children's School Years	1990 - 2018	sports, band, choir, gatherings	Chris - coach, Carol - coach, Janice - teacher, Amy, Sue, John, Jennifer, Allan, Chris,
Church - Colorado Springs	2001 - Present	Worship service, women's group , womens retreat, classes, teach Sunday School	Mike, Gloria, Rev Judy, Marilyn, Carol, Jeff, Martin, Dorothy, Sydney, Vincent, Mary
Meditation Group	2016 - Present	Monthly retreat	Kris, Mary, Colleen, Bob, George
Created Website:	2015 - Present	Update and manage	Bob and Julie
Health Care	1963 - Present		Dr. Nelson - primary care, Dr. Olson, speciality care, Dr. Guardan - dentist, Dr. Jani - vision care, Physical Therapy

Financial	1981 - Present	reviews, estate planning, tax service	Julie - ABC Financial Group, Ben - tax service, Sara - estate lawyer
Home Services	1995 - Present	Various	Tony - Trees, Paul - furnance/AC
Auto Repair	1995 - Present	As needed	Bob, Mark, Juan, The Auto Shop - Colorado Springs
Creatic Activities	1963 - Present	pottery, painting, writing	Exploring
Physical Activities	1963 - Present	Walks, hiking, skiing, physical therapy/exercises	exercise, health club membership
Diet Activities	1963 - Present	Track and watch what I eat	Weight Watchers, meal planning
Leisure Activities	1963 - Present	read, solitaire, write	
Community Involvement		Hospice chaplain volunteer, Meals on Wheels	Hospice volunteer (2 times/month)/Meals on Wheels (weekly)
Travel	1963 - Present	vacations, retreats, meetings	Continuing
Genealogy and Family Research, DNA	1998 - Present	Family trip sharing/research	Ancestry, Family Search, My Heritage